Orthopedic Cone Beam CT: A Primer for Radiologists

CurveBeam Cone Beam CT (CBCT) systems are designed to capture three-dimensional weight bearing and non-weight bearing volumetric images of the body extremities.
Weight Bearing Advantage

The pedCAT and LineUP systems permit weight bearing scans, while the patient is standing in a natural stance. Historically, foot & ankle specialists have relied on plain (2D) radiographs in standing position for weight bearing images.

The pedCAT and LineUP provide three-dimensional views of bone morphology, alignment and joint spaces. Foot & ankle specialists may elect to order pedCAT and LineUP scans for the same indications they would have otherwise requested weight bearing radiographs. The indications for weight bearing CT are broader than the indications for Conventional medical CT (MDCT).

Low Dose

CurveBeam systems are specifically designed to expose the patient to a radiation dose that is As Low as Reasonably Achievable (ALARA) while acquiring the images. The following chart depicts the effective dose to the patient in milli Sieverts, depending on the protocol selected. Please note that the mA is fixed at 5, and there are only two kVp settings: 120 kVp (most adult patients) or 100 kVp (small patients).

<table>
<thead>
<tr>
<th>System</th>
<th>Effective Dose (mSv)</th>
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<tbody>
<tr>
<td>pedCAT</td>
<td>.006</td>
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<tr>
<td>InReach</td>
<td>.001</td>
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<td>LineUP</td>
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Indications for weight bearing CT include:
- Arthritic joint space evaluation
- Hindfoot alignment evaluation
- Syndesmosis
- Forefoot evaluation for hallux valgus (bunion)
- Flat foot evaluation
- Post-surgical fusion evaluation
Cone Beam CT images are initially acquired as two-dimensional projections, using a rotating gantry with a fixed-anode X-Ray tube ring, a pulsed X-Ray beam, and a flat panel detector. The gantry rotates 360 degrees and acquires image projections, which are then reconstructed to create a series of axial slices. The term “raw data” refers to projection data, not reconstructed axial slices, which may differ with terminology utilized in conventional CT.

The osseous (high contrast) details in CBCT datasets should be at par with (or very close to) MDCT. This is the primary diagnostic objective for CBCT scans.

The default reconstructed voxel size from the pedCAT and LineUP systems is 0.37mm or 0.3mm, depending on the protocol selected. The default voxel size for the InReach is 0.2mm.

Cone Beam CT vs Conventional Medical CT

Some Differences may be noted when compared to typical MDCT images.

1. Soft tissue detectability is expected to be inferior, although the denser soft tissue structures, as well as the skin surface, can be visualized with good detail.

2. CurveBeam systems utilize very low tube current (5 mA) which results in reduced radiation dose to the patient. The images will appear noisier, but the trabecular detail is not compromised. However, the trade-off is well worth it, since the desired diagnostic information is not compromised.

3. The weight-bearing component of the scans, depicting true bio-mechanical alignment of bones under natural load bearing conditions is the most crucial and unique advantage of the pedCAT and LineUP scans.

4. pedCAT datasets may be inferior to MDCT if metal hardware is present in the anatomy. The LineUP system comes standard with a Metal Artefact Reduction (MAR) feature. A pedCAT scan with minimal artefact is depicted below.

5. Since the X-Ray beam in a CBCT system is cone-shaped instead of fan-shaped, a much wider anatomical region is exposed and captured in a single projection, resulting in a larger scatter component. Hence the HU (CT number) accuracy and tolerance is somewhat inferior to MDCT.

6. Filters and Kernels applied during reconstruction are not changeable, and are set to accentuate hard tissue and bone edges, hence soft tissue windowing is limited.

7. The Field Of View for a MDCT can be adjusted by adding slices during the scanning process. The Field Of View on the pedCAT, InReach, or LineUp is limited to one or two diameter settings and a fixed height/length setting, which is dictated by the dimensions and off-centering of the detector. Limited collimation capabilities means some air slices will be created during reconstruction and reformat creation. Software tools are under development to provide operators the ability to crop a smaller Region Of Interest and remove the air slices.
Orientation

By default, pedCAT and LineUP weight bearing axial images will be oriented based on the DICOM anatomical model, looking up from the plantar surface of the feet, so the bottom of the foot is standing on the platform at the base of the machine.

As patients are standing on a platform parallel to the rotation axis of the at panel detector, the axial slices will align with the base of the foot.

With the InReach, the same DICOM anatomical model is used for setting the image orientation, hence upper extremity scans will always have the fingers pointing down in any third-party viewing software. Prone, supine, and decubitus left/right orientation is selected by the operator on the device prior to a scan, which is based on how the operator positions the patient on the positioning platform (similar to the table in a MDCT).

With the InReach, the hand, wrist, or elbow is typically inserted straight into the bore, so the long bones are parallel to the axis of rotation and axial images are created on the transverse plane. The InReach bore diameter is limited in size compared to a MDCT, so when scanning a bent wrist or elbow, there may be some restrictions on the extent of flexion depending on the size of the patient. Most wrist positions utilized with a MDCT scan can be replicated with the InReach.

All CurveBeam device voxels are isotropic, so any orthogonal/oblique reformats or volume renderings created from the original axial slices are undistorted and have the same resolution as the original axial slices. One or more series of thicker slices (i.e. 2-3mm) can be created from any viewing angle at a workstation equipped with CubeVue post-processing software, and then sent to a PACS system or other DICOM nodes. High-Resolution Reformats aligned with a particular bone axis can be created by a technician at any CubeVue equipped workstation. Guidance for the correct alignment and reformat creation should come from a facility’s established protocols, or the interpreting Radiologist.

One or more series of volume rendered images with an animated rotation orbit can also be created and sent from a CubeVue equipped workstation.

For additional technical information about CurveBeam images, image acquisition and image properties, please contact CurveBeam at techsupport@curvebeam.com